

JUBILEE 2025



THE CATHOLIC COMMUNITY OF NORTH HARBOUR

Worshipping Communities of Allambie Heights, Balgowlah, Balgowlah Heights, Brookvale, Clontarf, Manly Vale, North Balgowlah, Seaforth and parts of Beacon Hill and North Manly

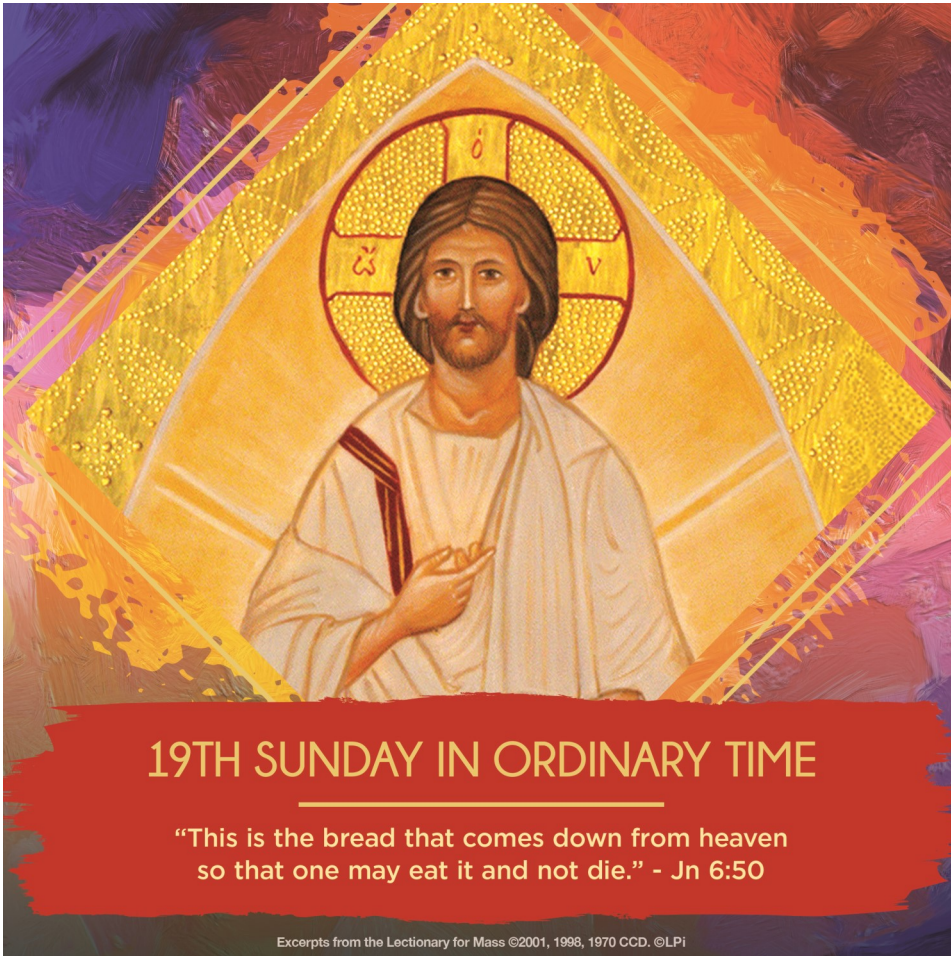


**11
AUG
2024**
YEAR B

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay

Want to receive the bulletin via e-mail? Email office@nhcatholic.org.au



19TH SUNDAY IN ORDINARY TIME

“This is the bread that comes down from heaven so that one may eat it and not die.” - Jn 6:50

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

1ST READING

1 Kings 19:4-8

Elijah is strengthened to walk forty days and nights to Mt Horeb.

RESPONSORIAL PSALM

Ps 33:2-9. R. v.9

Taste and see the goodness of the Lord.

2ND READING

Ephesians 4:30 – 5:2

Imitate Christ.

GOSPEL ACCLAMATION

John 6:51

Alleluia, alleluia!

I am the living bread from heaven, says the Lord; whoever eats this bread will live for ever. Alleluia!

GOSPEL

John 6:24-35

Jesus is the living bread.

MASS & LITURGY TIMES

CHURCH OF ST. CECILIA

Wanganella St and White St, Balgowlah 2093

MASS:

Wednesday, 9am
Sunday, 9am

BAPTISM:

Sunday, 10.30am

1st Sundays of the month (within the 9am Mass)

Baptism Preparation is required for first baptisms. Contact Parish Office for more details. Thank you.

RECONCILIATION:

Saturday, 5.00 to 5.45pm
Church of St. Kieran

YOUTH MASS:

2nd Sundays of the month
during the school term.

WEDDING:

Require six months notice and include Pre-Marriage Course as part of the preparation.

CHURCH OF ST. KIERAN

2 King Street, Manly Vale 2093

MASS:

Monday, Tuesday, Thursday, Friday*, Saturday,
8.30am
Saturday (Vigil), 5.30pm
Sunday, 7.30am, 9.30am, 5pm

** Adoration to the Blessed Sacrament after Mass on Fridays.*

BAPTISM:

Sunday, 11.30am
1st Sundays of the month (within the 9.30am Mass)

Baptism Preparation is required for first baptisms. Contact Parish Office for more details. Thank you.

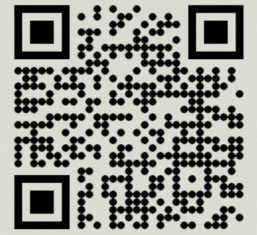
In the spirit of reconciliation the Catholic Community of North Harbour acknowledges the Traditional Custodians of these lands on which we gather. We recognise their continuing connection to the lands and waterways and pay our respect to their elders past and present and extend that respect to all First Nations people in our community.



WELCOME TO NORTH HARBOUR

- YOU ARE INVITED
- JOIN US IN OUR VARIED CELEBRATIONS & ACTIVITIES
- CONSIDER SHARING YOUR GIFTS TO US

Scan me!



GET IN TOUCH

- ✉ OFFICE@NHCATHOLIC.ORG.AU
2 KING STREET, MANLY VALE 2093 NSW
- 🌐 WWW.BBCATHOLIC.ORG.AU/NORTHHARBOUR
- ☎ (02) 9949 4455

WHY DO WE DO THAT? Catholic Life Explained

Question:

I've heard that faith is a theological virtue. What does that mean?

Answer:

To say a virtue is theological means that it comes as a gift from God. St. Thomas Aquinas, a Dominican monk who crafted the famous arguments for the existence of God, wrote: *"This alone is the true knowledge of God: to know that God is beyond knowing."* God is transcendent. This word comes from the Latin "transcendere," meaning "to climb beyond." When something is transcendent, it exists beyond our normal range of experience. Philosopher Peter Kreeft put it simply: *"God is always more."*

While God created us in His image and likeness, too often we re-create Him in ours. We project our deepest hopes, our subliminal fears, and our hidden dreams, and conjure up our own image of what God could be. Yet God can never be limited to our own perception of Him.

That's where faith comes in. We read in the Catechism that *"faith is the theological virtue by which we believe in God and believe all that He has said and revealed to us and all that the Holy Church proposes for our belief"* (CCC 1814). We can know God through reason, to a point. As human beings, we want to know and understand the world around us, but God isn't in the world around us. He's beyond it. The best way to come to know God is not through our own clever mental maneuvering, but through trusting in God's revelation of Himself. We might think we know who God is, but the only way we can have any idea is if we trust, through the virtue of faith, who He has revealed Himself to be.

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BRINGING HOME THE GOSPEL

Those of us who have grown up with the Eucharist may not find Jesus' words, "I am the bread of life" too difficult to accept. For me, those words have always been a clear indication of how important receiving Jesus in the Eucharist really is. However, there is another understanding of Jesus as the Bread of Life, and we find it in the prayer Jesus gave his disciples, the Our Father.

When we pray the Our Father and ask for "our daily bread," we are petitioning for more than food and other necessary essentials. We are asking for more than the Eucharist. The Catechism tells us that in the Our Father the bread also refers to the Word of God, the Jesus we find in Scripture who lived, died and rose again.

We need food to live and sustain life just as we need Jesus to live and sustain us in God's life. The Eucharist is an incredible gift, but it is not the only way we can receive Jesus. We receive Jesus in a multitude of ways. We receive him whenever we love another or allow another to love us. We receive Jesus when we welcome a stranger or an outcast. We receive him when we appreciate and take care of the beautiful world around us. Jesus is no further than our own nose and as close as the breath we take in.

Try praying the Our Father with this in mind. Every day ask for the Bread of Life, Jesus, to come and fill your heart and mind with his strength and love so that you can love with his heart and live with his strength.

FAMILY RESPONSE:

Say the Our Father together every night this week. When you are finished, ask everyone to say where they saw someone doing Jesus' work that day.

PERSONAL RESPONSE:

Reflect on the words, "Jesus is the Bread of Life." What do those words mean to you?



Seeing
Through the
Lens of Faith

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WEEKLY SOCIAL JUSTICE CHALLENGES

We celebrate the Assumption of the Blessed Virgin Mary this week. She is considered the first disciple of Jesus. Her life tells us who she was: a mother, wife, daughter, niece, friend, neighbour, and disciple. Her presence in Jesus' life has to have been formative. Scripture reveals that Mary lived a life of generosity, compassion, forgiveness, hope, and kindness. She was the very first servant leader in the church. She gave up her own status in the community for the sake of Jesus – bearing him, raising him, learning from him. She teaches us how to serve and how to lead. Your challenge this week is to read Luke 1: 39-56. How is God asking you to lead in a spirit of service? What is your response?



PASTORAL CARE FOR THE HOMEBOUND

Our clergy and pastoral care ministers bring the sacraments of Eucharist, reconciliation, and anointing of the sick to parishioners who are unable to participate because of illness or aging. For more information and to arrange receiving the sacraments, contact Parish Office.

CARE FOR CREATION TIPS

"Therefore be imitators of God, as beloved children, and live in love, as Christ loved us." –Ephesians 5:1-2.

Pope Francis explains in his encyclical *Laudato Si'*, "The entire material universe speaks of God's love, his boundless affection for us. Soil, water, mountains: everything is, as it were, a caress of God." This week, strive to feel God's love in nature. Take time to smell the flowers, watch the bugs, or marvel at the birds. Rejoice in the beautiful creation God has gifted us.

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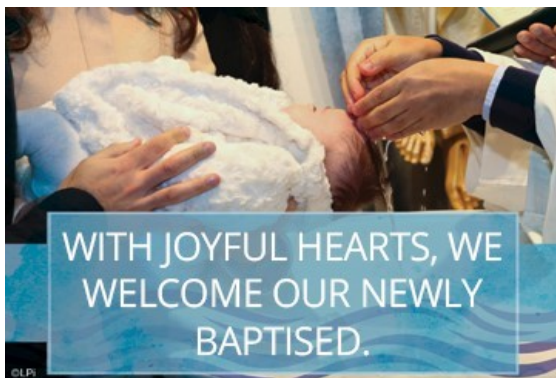


SICK CALLS AND OTHER URGENT MATTERS

If you need a priest urgently, please call the appropriate number:

BUSINESS HOURS:
PARISH OFFICE—9949 4455

AFTER HOURS:
(Evenings & Weekends)
0490 898 464



PRAY FOR THOSE IN OUR COMMUNITY:

SICK:

Cecilia Yeung, Geoff Richardson, Peter Chang, Greg Hyde, Yvonne Taylor

RECENTLY DECEASED:

John Pitcher, Paul Seddon

ANNIVERSARIES:

Cathy Ewing, Bartolina Mandile, Bill O'Sullivan, Elsie Moses, Madeleine Pace, Jose Marde Belonio, Val Houston, Kevin Kelly

Our community would love to pray for you.

If you have an intention you would like to be included in this bulletin please e-mail office@nhcatholic.org.au

NEXT BAPTISM PREPARATION COURSE
SUNDAY 6TH OCTOBER 11AM
ST KIERAN'S CHURCH



CatholicCare
Diocese of Broken Bay

COMBATING HOMELESSNESS TOGETHER

Please donate to CatholicCare's homelessness services across the Diocese

Thank you

Donor envelopes available during Mass Saturday and Sunday 10 & 11 August

CONGRATULATIONS!

Fr Tony Banks, OSA

40 Years of Ordination

Thank you for your faithful ministry and service!

ASSUMPTION OF THE Blessed Virgin Mary

15 AUGUST | HOLY DAY OF OBLIGATION

MASS TIMES:
 8:30AM - ST KIERAN'S
 9:15AM - ST CECILIA'S (SCHOOL MASS)
 10:00AM - ST KIERAN'S (SCHOOL MASS)
 7:30PM - ST KIERAN'S

We Need You!

Help us cook our Bunnings BBQ on **Father's Day, 1 September** at Balgowlah, from 9AM-4PM. All proceeds will go to LocalKind, who supports those in need throughout the Northern Beaches area. Sign up for **one hour** to support this great cause!

TO SIGN UP, EMAIL URSULA: FAMILIES@NHCATHOLIC.ORG.AU

Wills Seminar

PRESENTED BY EXPERT LEGAL ADVISOR, CECILIA CASTLE

LEARN ABOUT WILLS, ENDURING GUARDIANSHIP, AND POWER OF ATTORNEY

COMPLIMENTARY WILL FOR ATTENDEES (CONDITIONS APPLY)

MORNING TEA PROVIDED

TUESDAY, 20 AUGUST
10:30AM - 12:30PM

THE EPPING CLUB
45 Rawson St, Epping

SCAN ME

FREE RSVP BY 13 AUGUST

PLEASE TAKE A CARD and pray

for our candidates for Confirmation

LAST CHANCE TO REGISTER for Confirmation

PLAYGROUP LEAP INTO LEARNING

- FOR PRE-SCHOOLERS
- SCHOOL READINESS
- MEET THE TEACHER
- STORY TIME
- CRAFT TIME
- YEAR 5 & 6 BUDDIES
- COMMUNITY

FREE

Friday 16 August
Friday 06 September
9.15 - 10.15AM

Parents, Grandparents and Siblings Warmly Welcome

Little Kieran's Playgroup

Suitable for 2 years to Preschool Age

Term 3
2 Aug
9 Aug
16 Aug
23 Aug
30 Aug

Weekly on Fridays
9.00am- 10.15am

- Teacher led with a school readiness approach
- Form connections with other local families
- Engaging crafts and sporting activities
- Play-based learning in an inclusive setting



THINKING OF BECOMING
A CATHOLIC?

Wine and Cheese
**INFO
NIGHT**

COME AND LEARN ABOUT
THE FAITH AND THE
OCIA PROGRAM!

**THURSDAY, 22 AUGUST
7PM IN THE PARISH CENTRE**

RSVP TO URSULA: families@nhcatholic.org.au
OR 0450 101 767

FORMING THE NEXT GENERATION OF
Augustinians

**PLEASE GIVE GENEROUSLY TO THE
AUGUSTINIAN FORMATION APPEAL**

Support the young men of the Australian Province in Augustinian formation houses in Sydney, Vietnam, Philippines, and Italy who are listening to and discerning God's call to religious life. This is only possible with your prayers, encouragement and financial support.

Donations over \$2 are tax deductible.

FOR MORE INFORMATION:

accounts@osa.org.au
+61 2 9938 0200
www.osa.org.au




HAPPENING THIS WEEK
in our Parish

Children's Liturgy of the Word
18 August, 9:30AM at St Kieran's
During Mass, children are invited to gather to hear the Gospel, do activities and sing together before returning to Mass for the Offertory procession.



Youth MASS
Sun 8 September, 5pm
St Kieran's Catholic Church
2 King St., Manly Vale 2093 NSW

All welcome!
followed by a sausage sizzle & light refreshments



Young People's Alpha is a safe space to ask life's big questions

THERE'S A SEAT FOR YOU AT THE TABLE

GATHERING FOR 18-35ISH EVERY SUNDAY FROM 8 SEPTEMBER 6PM IN THE PARISH CENTRE



SCAN ME

OFFICE@NHCATHOLIC.ORG.AU 9949 4455
CATHOLIC COMMUNITY OF NORTH HARBOUR ALPHA

Parish Social Justice Group

At our two social justice meetings, we've identified our key focus areas for the rest of the year:

Parish GIFT Program | Vinnies | LocalKIND | Supporting isolated parishioners

WE NEED YOU!

We urgently need Eucharistic Ministers or people willing to make a weekly phone call to an isolated person to provide support and companionship. For more information or to register your interest please email Elaine at mathstutor@iinet.net.au.

PARISH BULLETIN ANNOUNCEMENTS

If you have anything you would like to advertise or share in the Parish Bulletin, please email it to Sophie (comms@nhcatholic.org.au) by **Tuesday** so that we can ensure it features the following weekend. **Thank you!**

E L T M H E A V E N W L T F H
 B A E C X S J C K D O I A D N
 T R N Q D B C D M W R F I M Q
 O C M V R W B E B N L E Y A Z
 P Z M T E Q F S Y U D M M N P
 S Q L H X R E K Y S E J N X
 Q J F R X H G R H A M K L A U
 I O T P C U Q T E Z D E A T P
 G O J Q O I N P F J D L Q P D
 A N C E S T O R S L R K J L O
 R C C R O W D M Q I L Q J G W
 V B C W P F L E S H V T W K N
 E Q M D I C K B R E A D Z O R
 S E Q J T H I E Y P N L I A D
 L R K T O X F O R E V E R V W

WORD SEARCH

Jesus is the living bread from heaven.

TRY TO FIND THESE WORDS:

- ancestors
- bread
- crowd
- desert
- down
- eat
- flesh
- forever
- heaven
- life
- manna
- world

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Sharing the Gospel

In the Old Testament God sent manna from the sky to Moses and the Israelites. It was like small pancakes that covered the desert floor. Then God sent his only Son to die on the cross for us. The body of Jesus is the life-giving bread that he lovingly gave to the world. Because he died on the cross for us, we have everlasting life with God in heaven.


Prayer

Lord, I am truly sorry for all the things I have done that hurt you.

Mission

Share a can of food, a bag of sugar, and powdered milk with the hungry.

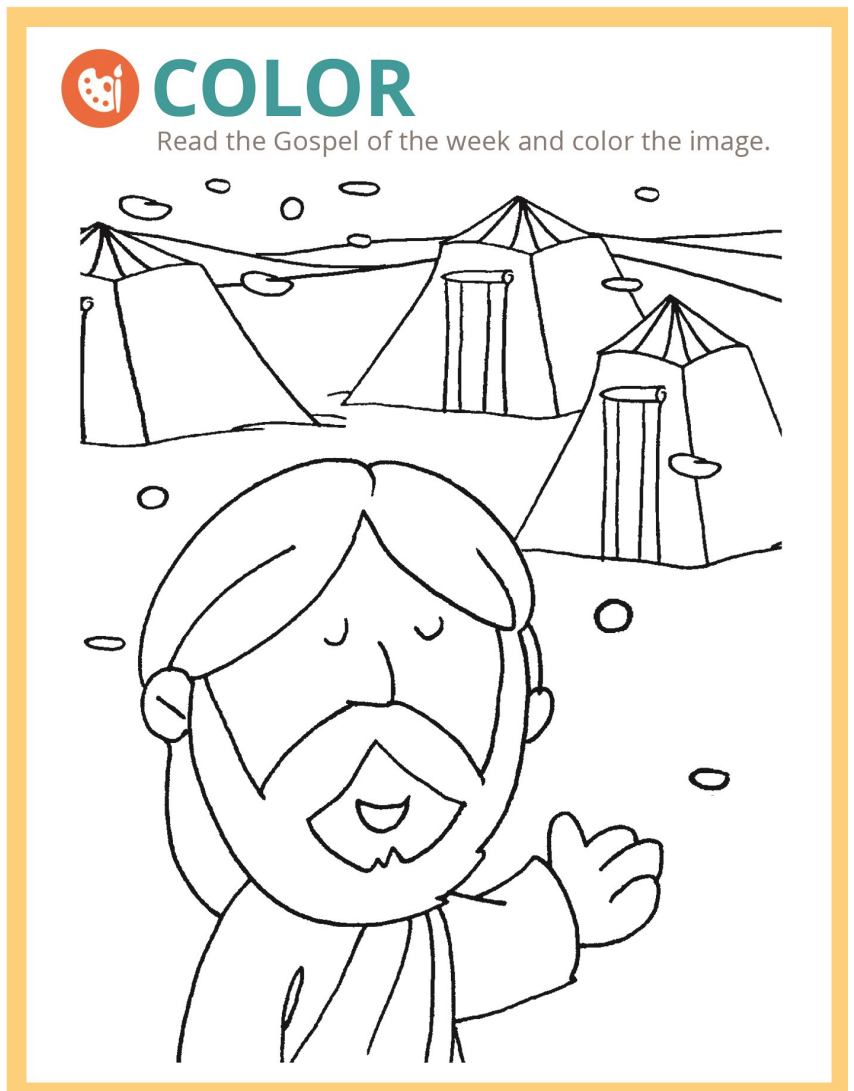
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Promoting a safer *Church*

The care and protection of children, young people and adults involved in Church activities is the responsibility of everyone who participates in the LIFE of the Church.

SAFEGUARDING
is everyone's responsibility





*I implore you, God, to Whom faith calls us, hope leads us,
and love unites us. Come to me in Your mercy.
Soliloquies 1, 3
- St. Augustine of Hippo*

NEXT WEEKEND (18 AUGUST): 20TH SUNDAY IN ORDINARY TIME, YEAR B

<p>1ST READING Proverbs 9:1-6 <i>Wisdom teaches understanding.</i></p> <p>RESPONSORIAL PSALM Ps 33:2-3. 10-15. R. v.9 <i>Taste and see the goodness of the Lord.</i></p> <p>2ND READING Ephesians 5:15-20 <i>Sing praise to God, avoid that which is evil.</i></p> <p>GOSPEL ACCLAMATION John 5:56 <i>Alleluia, alleluia!</i> <i>All who eat my flesh and drink my blood live in me and I in them, says the Lord. Alleluia!</i></p> <p>GOSPEL John 6:51-58 <i>Whoever eats and drinks of the body and blood of Christ has eternal life.</i></p>	<p>17 AUG, 5.30PM ST KIERAN'S</p> <p>Senior Server Louise</p> <p>Readers Val John Phillip</p> <p>Music Filipino Choir</p> <p>Communion Min Volunteer needed</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>	<p>18 AUG, 7.30AM ST KIERAN'S</p> <p>Senior Server Michael</p> <p>Readers Andrew Elsie</p> <p>Music None</p> <p>Communion Min Volunteer needed</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>	<p>18 AUG, 9AM ST CECILIA'S</p> <p>Senior Server Ian</p> <p>Readers Phil Sandra</p> <p>Music Conmen</p> <p>Communion Min Volunteer needed</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Gai</p>	<p>18 AUG, 9.30AM ST KIERAN'S</p> <p>Senior Server Adrian</p> <p>Readers Geraldine Dale</p> <p>Music Joshua 24:15</p> <p>Communion Min Volunteer needed</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>	<p>18 AUG, 5PM ST KIERAN'S</p> <p>Senior Server Edelvine</p> <p>Readers Jo Rodney</p> <p>Music Sam</p> <p>Communion Min Volunteer needed</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>
	<h3>OBSERVANCES FOR THE WEEK OF 11 AUGUST</h3>				
	<p>Mon 12 Aug: Monday of the 19th Week in Ordinary Time, Year II</p>				
	<p>Tue 13 Aug: Tuesday of the 19th Week in Ordinary Time, Year II</p>				
	<p>Wed 14 Aug: St Maximilian Mary Kolbe, priest, martyr</p>				
	<p>Thu 15 Aug: The Assumption of the Blessed Virgin Mary (<i>Holy Day of Obligation</i>)</p>				
<p>Fri 16 Aug: Friday of the 19th Week in Ordinary Time, Year II</p>					
<p>Sat 17 Aug: St Clare of Montefalco (<i>Augustinian Saint</i>)</p>					

The Catholic Community of North Harbour

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay www.bbcatholic.org.au



Parish Office 2 King Street, MANLY VALE 2093 NSW AUSTRALIA
P 02 9949 4455 E office@nhcatholic.org.au W www.bbcatholic.org.au/northharbour

Office Hours 9.00am to 4pm (Tuesday to Friday)

Churches
Church of St Cecilia Wanganella St and White St, Balgowlah 2093 NSW
Church of St Kieran 2 King St, Manly Vale 2093 NSW

Parish Staff
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Asst Priest: Fr Jumbim Torres, OSA E jtorres@nhcatholic.org.au
Asst Priest: Fr John Zhang E jzhang@nhcatholic.org.au
Deacon: Deacon Van Tu Nguyen, OSA E tnguyen@nhcatholic.org.au
Parish Manager: Jacky Worthington E manager@nhcatholic.org.au (Mon, Wed, Thu)
Parish Secretary: Jane Filacuridi E office@nhcatholic.org.au (Tue, Wed)
Parish Secretary: Anne Ross E office@nhcatholic.org.au (Thu, Fri)
Catechists, Family & Sacramental Ministries: Ursula Halloway M 0450 101 767 E families@nhcatholic.org.au
Media & Communications: Sophie Boffa E comms@nhcatholic.org.au
Music Ministry: Marianne Kaw-Deveza E music@nhcatholic.org.au
Youth & Children's Choir: Victoria Merillo E choir@nhcatholic.org.au

Resident Priests
Fr Minh-Tan Hoang, OSA E minhtanhoang@yahoo.com.au
Fr Peter Jones, OSA E peter.jones@osa.org.au (Prior Provincial)
Fr Paul Maloney, OSA E paulmal@bigpond.com (Retired)
Fr Abel van der Veer, OSA E vabelvanderveer@gmail.com (Retired)
Fr Senan Ward, OSA E senanward@bigpond.com (Chaplain, St. Augustine's College, Brookvale)

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B.Bus, J.P



 St Cecilia's Catholic Primary School
BALGOWLAH



Principal: Ms Louise O'Brien

59 Seaview St, Balgowlah
02 7256 2136

scb@dbb.catholic.edu.au
www.scbdbb.catholic.edu.au

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For St Paul's Catholic College, Manly

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 St Kieran's Catholic Primary School



Principal: Ms Anna Marsella

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www.skmvdbb.catholic.edu.au

CATHOLIC SCHOOLS BROKEN BAY
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PLEASE CONSIDER ONLINE GIVING

Our parish is grateful for your continued support. Thank you!



North Harbour PARISH

Donate Here



You can now donate for North Harbour Parish Clergy and Parish Funds AND to support Pastoral Works Broken Bay (PWBB) Appeals, using the Parish Giving Broken Bay App. Thank you for your generosity.

To support our Parish and our Diocese, please scan the QR code, download the Parish Giving Broken Bay App, sign in and become a regular donor. Alternatively, visit: brokenbay.goodgiving.com.au/home/brokenbay